

Careers Newsletter - Reflect. Celebrate. Prepare!

June 2025

🎉 We made it together!

This year was full of challenges, new things to learn, and meaningful experiences, and you rose to the occasion.

Congratulations on making it through another academic year!

Now's the time to recognise how far you've come, celebrate your achievements, and start thinking about what's next. Whether you're continuing your studies, diving into new interests, or enjoying a well-earned break, use this moment to reset and move forward with purpose.

Topic of the Month: Reflect, Recognise, Reset – Owing Your Journey

As the academic year comes to a close, it's the perfect time to take a step back and look at how far you've come, not just in grades, but in growth.

This year may have brought challenges, new subjects, and unexpected changes, but each one taught you something. Whether you discovered a passion, built resilience, learned a new skill, or simply kept going when things were tough, that's progress.

💭 Reflect:

- What were your proudest moments this year?
- What did you overcome that felt hard at the time?
- What did you learn about yourself?



🏆 Recognise:

- Celebrate your achievements, big or small
- Acknowledge how much effort you've put in.
- Give yourself credit for showing up and trying.

🔄 Reset:

- What do you want to try, change, or build on over the summer?
- Set one personal goal that excites or challenges you.
- Think of one habit you want to carry into next year.

This isn't about perfection, it's about progress. Own your journey, be proud of it, and take what you've learned into whatever comes next.

Spotlight Topic: Designing Your Summer for Growth

Use the summer wisely with purpose-driven activities:

- 🌱 Take a free short online course (e.g. [FutureLearn](#), [Coursera](#), or [OpenLearn](#))
- 📁 Apply for virtual work experience ([Springpod](#), [Speakers for Schools](#))
- 🎨 Start a personal project or passion blog. Whether it's writing, design, coding, or activism, turn your passion into something creative. Use [Canva](#) or [WordPress](#) to get started.
- 🧠 Try journaling your career thoughts
- 📖 Explore a book or documentary related to a career field you're curious about
- ❤️ Volunteer to Build Empathy Support a cause you care about while developing communication and leadership skills. Explore platforms like [DoSomething.org](#), UN Volunteers, or [Zooniverse](#). *You can also check for volunteering opportunities within your country that align with your interests.*



Job of the Month: Sustainability Consultant

A Sustainability Consultant helps organizations reduce their environmental impact, tackling carbon footprints, waste, and social responsibility. It's a dynamic blend of science, communication, strategy, and ethics, ideal for students who want to make a real-world difference.

With green jobs growing roughly 8% per year globally and sustainability becoming embedded across industries, now is an ideal time to explore this career

To explore more watch this video: [Get an environmental Job](#)

Success Story: From Hobby to Handmade Empire

At just 21, Max Scotford turned a passion for chocolate into Bullion, Yorkshire's first bean-to-bar chocolate company. Starting in his kitchen and supported by Sheffield Hallam University's enterprise programme, Max combined craftsmanship with entrepreneurship to build a thriving business. Today, Bullion includes a café, factory, and bakery, proving that with creativity, determination, and the right support, young people can turn small ideas into meaningful careers.

 [Read the full story in The Guardian](#)



Skills Focus: Summer Growth Box – Capture Your Learning Journey!

This summer, try this fun and reflective challenge:
Create your own “Growth Box” or “Learning Bowl.”

Here's how it works:

1. Grab a box, jar, or bowl, anything you can easily access.
2. Keep some sticky notes nearby.
3. Each time you learn or try something new, write it on a sticky note and drop it in.
 - Maybe you tried coding for the first time
 - Learned to cook a new recipe
 - Volunteered online
 - Or discovered a new career interest



By the end of the summer, you'll have a collection of experiences that show just how much you've grown!

Bonus Challenge:

Before the next academic year starts, use your sticky notes to create a colourful panel, collage, or vision board. Then, take a photo and send it to us, we'd love to feature your creativity in a future newsletter!

Small steps every day lead to big achievements. Let your box be a reminder that growth never stops, even during a holiday!

Free Online Events – July & August 2025

- **Discovering Online Learning – University of Derby**
 July 10, 2025 (12:00–13:00 BST) & August 6, 2025 (12:00–13:00 BST)
Learn how to study online effectively and what to expect as a remote learner.
 Register: [University of Derby webinars](#)
- **Continuous Free Product Management Sessions**
 Weekly live webinars with industry professionals, ideal insight into tech, leadership, and product careers.
 Register: [Product School events](#)

- **UN Summer Academy 2025**

July 2–4, 2025 (self-paced with live webinars)

Focus on digital transformation in sustainable development—includes live Q&As with UN professionals.

 Details: [UN Opportunities](#)

- **Brunel Language Centre Webinars – Brunel University**

July 3 & August 28, 2025 (10:00–11:00 BST)

Discover language learning techniques through free Q&A sessions with tutors.

 [Join via Brunel webinars](#)

- **NACE Competency Deep Dive – NACE (National Association of Colleges and Employers)**, July 9, 2025

Interactive session focused on workplace competencies and career readiness.

 Explore event: [NACE upcoming events](#)

Important Note: Get Ready for the Year Ahead

As you enjoy your summer break, don't forget to start thinking about your next steps. The new academic year is a fresh opportunity to explore your future. Keep in mind the different pathways available to you:

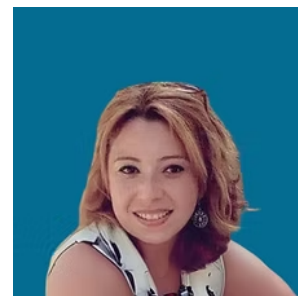
 **T-Levels · BTECs · A-Levels · Apprenticeships · University · Gap Years**

Take time to research your options, ask questions, and reflect on what aligns with your strengths and goals. Even small steps now can lead to big decisions later!

The end of one chapter is the beginning of another. Dream boldly, plan wisely, and act bravely. Your future is waiting.

Warm regards,

Dr Soha Tarek
SENCO / Careers Advice

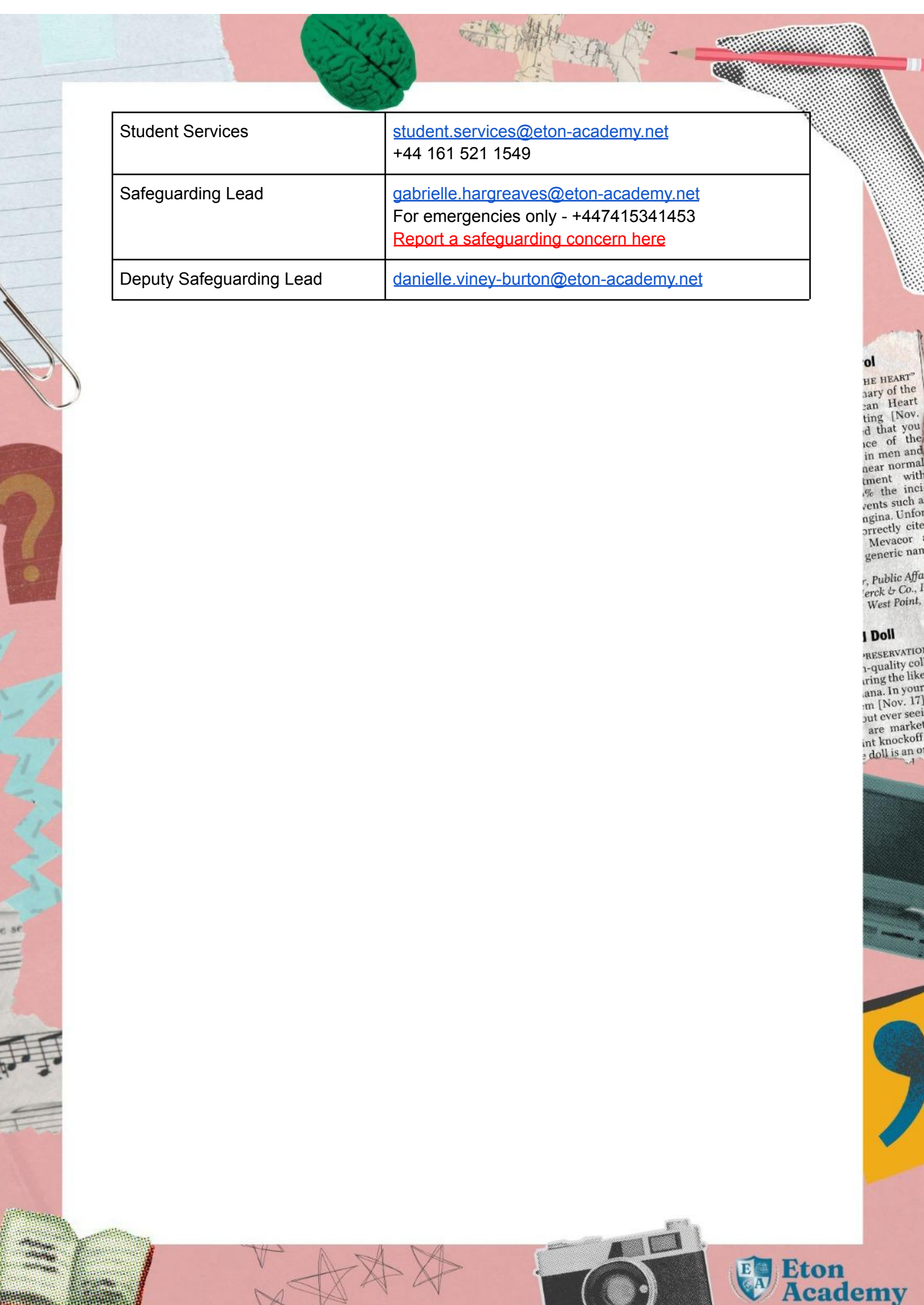


Do you have an idea or suggestion for our careers newsletter? Submit it [HERE](#).

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